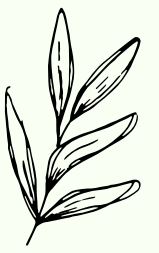
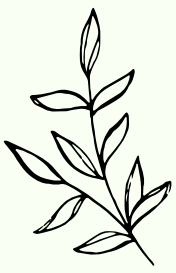


# INCOMING 6TH GRADERS AND SOCIAL COMPARISON



HOW SOCIAL COMPARISON AFFECTS INCOMING 6TH GRADERS, AND  
HOW TO PREPARE

## WHAT IS SOCIAL COMPARISON?

Monitoring how one is doing and adjusting one's behavior accordingly in an effort to be liked by important others.

## EXAMPLES

- You might notice that your child is not acting like themselves
- You may notice a change in their appearance
- Your child might start listen to music that a new friend likes

friends

## WHY DOES THIS HAPPEN?

Your child is in a new environment, the friends they have had for years probably are not in their class anymore, and they are starting to make new friends. Because of this change they are:

- Changing themselves, trying to become the version of themselves that others would like.
- They are picking their friends based on how they think others are instead of who they are.

## WHAT SHOULD YOU DO

If you notice a change in your child's behavior after the beginning of the school year, relax. Their lives are changing, they are going to change, and so are you.

- If there are any changes that you are concerned about talk to them.
- If you are concerned talk to them!